

Utah Behavioral Health Planning and Advisory Council Meeting
Preliminary Minutes

July 27, 2015, 1:00-3:00 pm, MASOB, room 4051,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

You may attend electronically via a computer with a Go-To-Meeting link. Directions are listed below. Please contact Leanne Huff, lhuff@utah.gov or at 801-538-4326 for assistance.

“Our mission is to ensure quality behavioral health care in Utah by promoting collaboration, advocacy, education, and delivery of services.”

ATTENDEES: Ginger Phillips, Kimball Gardner, Lana Lomax, Lori Cerar, Mary Jo McMillen, Michelle Coleman, Peggy Hostetter, Ron Bruno, Ken Rosenbaum, Erin Sullivan, Liz Felt, Valerie Fritz, William Bryant, A.L. (for Nicole Fraedrich, Detective Cooper Landvatter and Jason Stevenson)

DSAMH STAFF: LeAnne Huff, Kim Myers, Jeremy Christensen, Dave Felt, and Susan Hardinger

REMOTE ATTENDANCE: None

1. Welcome & Introductions Kimball Gardner, NAMI Utah & Ginger Phillips, Certified Peer Spec.

Ginger Phillips welcomed all in attendance and introductions were made.

LeAnne Huff said she was sending around the attendance roll to be signed and also the stipend request sheet.

2. Review, approve and vote on June 29, 2015 minutes plus make announcements

Motion to approve: Michelle Vance

Seconded: Mary Jo McMillan

All were in favor

3. Vote on and welcome new members

Michelle Coleman was recognized as being approved as a member.

4. Healthy Utah update from Utah Health Policy Project- Jason Stevenson

53,000 Utahns live in the gap. Have been looking for sustainable health care solutions for underserved Utahns.

Jason reported that the executive branch and leadership reached framework for the Medicaid coverage gap. This is a huge step forward. This will bring federal tax dollars back to our state.

The details are expected to be released soon. This could bring a couple of million dollars to Utah in the next 10 years.

In the “new plan” the hospital association will kick in 25 million dollars if providers and pharmaceutical companies also contribute. Negotiations are going on now.

Years one and two have passed. The third year is 2016.

0% to 138% of poverty will be covered.

Medicare is unaffected by the change.

There is a rally planned for August 18 to get things done together and support is requested. A handout was distributed with the list of the committee of six. The two individuals to contact

regarding this new plan is House Speaker Greg Hughes greghughes@le.utah.gov and House Majority Leader Rep. Jim Dunnigan, jdunnigan@le.utah.gov
Another contact who has been on this project for 2 ½ years is rylee@healthpolicyproject.org

5. Peer Support Specialist/FRF billable rate

a. Scott Ellis from Medicaid

Ginger Phillips reported that Scott Ellis spoke with the UBHPAC Executive Committee. He will speak with Karen Ford (Medicaid) about raising the billable rate so providers will hire more Peer Support Specialists. A meeting is scheduled on the 20th to discuss.

6. Member input/open discussion

7. Stipend/travel reimbursement: approved

The new stipend policy was approved and went into effect 6/29/2015. The new stipend amount is \$35 per meeting.

8. Peer Conference status

The Summit is scheduled for Friday October 23 from 9:00 am-1:00 pm.

The next Peer Conference planning meeting will be Wednesday August 19 for 10:00-12:00.

We are moving forward with the plans for the Conference.

9. Division reports/information

a. CIT Summit

LeAnne Huff reported that the Summit had good turnout. What works and what doesn't work was discussed. The presenters were Major Sam Cochran, Mike Woody and Pat Strode. We want to continue the good work and support CIT efforts.

b. Rule 523-2-9 for Adult Peer Support Specialists; rule change

Requesting final input before putting the proposed changes for public comment. There are two changes; 20 hours continuing education every two years instead of every year. The other is, to be congruent with other license requirements, the PSS will no longer need to submit their continuing education information but they shall maintain documentation of compliance and provide it if audited.

Jeremy Christensen said that USU received a federal grant which will provide training and practicum to work on-site at (agency where hired) for 48 hours for practical on the job experience.

Ginger Phillips said that SUD training will be added to the curriculum.

Appellation will be turning training/curriculum over to the Department of Human Services.

Youth in transition will have an 8 hour training in mid-August.

Ginger Phillips and 4 others will attend a train the trainer by Appellation.

A discussion ensued regarding receiving enough and the right type of training for peers to be able to assist those needing help without enabling them. Mary Jo McMillen said that the challenge is, if the training is shortened the peers won't be educated enough to provide training. She is worried about watered down curriculum. She feels a longer training is needed. Peggy Hostetter said that if the peer doesn't understand addiction and a person relapses the peer can cause a lot of damage. It is important to have peers who have "lived experience".

Mary Jo McMillen will find someone who can sit on the committee for the SUD curriculum which will be added to the Appellation training.

The Peer Support Specialists need to be well trained in both Mental Health and Substance Use Disorders.

- c. Jail Reinvestment Initiative status; committees on which Council/peers can serve
 - i. Especially with local authorities
Jeremy Christensen reported that three committees are putting together information; JRI, CCJJ and USAVE. They are looking at standards and data.
 - d. Other
DSAMH putting together budget requests for 2017. The three main areas will be mental health early Intervention, Utah State Hospital and 6.4 million dollars continued for Medicaid match
10. Block grant (FY 2016); application finalized by July 30; public comment; app due Sept 1
Now is the time for public comment. If anyone would like to comment, it should be sent by August 20.
- a. Letter from Council to accompany block grant application
This year SAMHSA has mandated a letter of recommendation sent to them from UBHPAC.
11. Training on sub-committees
-Tabled-
12. Other
Kimball Gardner stated that in the UBHPAC Policy Bylaws, it states that if a voting member misses three consecutive meetings without notification, they may be dropped as a voting member.
Notification can go to Kimball Gardner, Ginger Phillips or LeAnne Huff.

Next Meeting: August 31, 2015 at 1 pm

Thank you for your support of the UBHPAC!

To join this meeting remotely, please use the following information--

1. RSVP to lhuff@utah.gov no later than Monday morning at 10:00 am

2. She will send you an invitation with a go-to-meeting link to be connected
3. If you don't have speakers on your computer, there is also a number to call that will connect you – it is included with the link.

The State provides reasonable accommodations to the known disabilities of individuals in compliance with the Americans with Disabilities Act. For accommodation information or if you need special accommodations during this meeting, please contact the Division of Substance Abuse and Mental Health at (801) 538-3939 or TTY (801) 538-3696.

The State has adopted a stipend policy that will pay for reasonable travel expenses related to consumers and advocates attendance at UBHPAC meetings. For more information please visit www.dsamh.utah.gov – Initiatives – Behavioral Health and Advisory Council – Information & Forms – UBHPAC Stipend Policy.